



K O Y A O

I S L A N D R E S O R T

SPA MENU

Koyao Island Resort & Spa offers the ultimate in relaxation and wellness in a stunning tropical setting. In 2 separate air conditioned treatment rooms, equipped with two massage beds and designed in the classical Southern Thai style, as well as outdoor Sala, our team of experienced therapists offers a lasting sensation of wellbeing for your ultimate holiday experience.

Thai Massage

Thai Massage 'Nuad boraan'

60 min/1,000 Baht

75 min/1,200 Baht

'Nuad Boraan' is a traditional Thai-style massage focusing mainly on the legs and the back. It involves prolonged stretching and deep pressure along the meridians.

Thai Massage-Full body

120 min/2,000Baht

This extended treatment is Thailand's most popular traditional Thai-style massage and promotes deep relaxation and wellbeing.

Deluxe Thai Massage and Herbal Compress

100 min/1,800 Baht

Starting with the ancient Thai technique of massaging your back with a hot herbal compress, this superb massage also incorporates a full body massage for total relaxation and skin nourishment.

Foot Massage

60 min/1,000 Baht

This foot massage applies pressure to nerve endings in the feet that correspond to the different organs of the body. Enjoy this healing massage that will leave not just your feet, but your whole body walking on air. A calming head massage completes this therapeutic treatment.

Head Massage

30 min/600 Baht

The head massage that includes, neck and shoulders is designed to relieve stress and tightness in your upper body. You feel renewed and rejuvenated after only 30 minutes.

Indian Head massage

50 min/1,000 Baht

Originating from India, the significance lies in the use of warm coconut oil on the scalp along with the technique to stimulate specific pressure points. It increases blood circulation and lymphatic system and helps to increase oxygen flow to calm moods.

Oil Massage

The Secret of Koyao

75 min/1,500 Baht

60 min/1,200 Baht

Our signature massage stimulates your body using special techniques to activate the lymph glands. Let us work your muscles and you will feel fully relaxed, refreshed and rejuvenated!

Anti-Stress Upper-Body Massage

45 min/900 Baht

This treatment concentrates on back, shoulder and head. First select your essential massage oil; we have a choice of 'Balance', 'Up leaf' and 'Lemongrass'. Then we start to massage your back and shoulder with the essential oil to renew vitality. A calming head massage completes the treatment and will leave you tension free.

Thai Oil Massage

75 min/1,500 Baht

This body massage will reduce tension and soothe away your aches and pains. It combines the unique stretching techniques of Thai massage with the soothing strokes of Western massage and the healing effects of herbal oils.

Upper-Body Deluxe Massage

90 min/1,800 Baht

This massage, combined with a steaming herbal compress, is just what you need to relieve your backache or to ease tension around the shoulders! We start with an invigorating oil massage, followed by the hot herbal compress.

Swedish Massage

75 min/1,500 Baht

To gain complete relaxation, nothing really can beat a professional Swedish massage! Choose from a range of aromatherapy oils and the amount of pressure you wish to have applied.

Sport Massage**75 min/1,500 Baht**

This massage uses stronger and deeper pressure and is ideally suited to those who play (or have just finished playing!) sport. Each stage involves rubbing the relevant part of your body with oil to soothe the stretching and to loose muscular tension. The treatment can be adapted to suit individual needs and requirements.

Hot Stone**60 min/2,000 Baht****90 min/3,000 Baht**

Exhale and relax as your therapist administers an advanced tri-phase stone massage therapy far exceeding traditional stone massage. Stone's synchronized therapeutic massage with micronized minerals Malachite and Zinicté de-stress your entire being...Mind, body and spirit.

Aloe Vera Massage**60 min/1,200 Baht****75 min/1,500 Baht**

The healing properties of Aloe Vera promote skin rejuvenation. Treat and relieve burns after a fire or sun scald. Improves blood circulation and moisturizes the skin.

Baby Massage**30 min/500 Baht****Child Massage****45 min/800 Baht**

A casual massage among family member at the end of the day has been a traditional way of relaxing in Thai households for centuries.

Body Scrubs

Koyao Scrub

60 min/1,500 Baht

After prolonged exposure to the sun, your skin loses vital moisture and can end up dry and tired. This scrub uses a mix of natural ingredients, such as coconut oil, turmeric and honey. It helps to remove dead cells and replenish moisture levels in the skin. The scrub is suitable for dry and sun-exposed skin.

Salt Scrub

60 min/1,500 Baht

An invigorating scrub using a special salt, yogurt, essential oil and a softening body lotion. The treatment refines surface skin, exfoliates dead cells, nourishes the skin, stimulates circulation and improves skin color.

Sesame Scrub

60 min/1,500 Baht

With a blend of traditional herbs and sesame oil your skin will be cleansed by removing dead skin cells. This scrub will moisturize the skin and encourage new cell growth to produce a healthier looking skin.

Tamarind Scrub

60 min/1,500 Baht

Thai people have long known the benefits of natural Tamarind – it helps to remove dead skin cells and develops new skin through its plentiful Vitamin C. A tamarind scrub is followed by a layer of natural honey, leaving your skin calmed and refreshed.

Note: not suitable for sore or sensitive skin.

Gold Scrub

60 min/1,500 Baht

Enhanced with gold it refines and mineralizes your skin, adding values that smoothen and make your skin look clear.

Milk Crème Scrub

60 min/1,500 Baht

Ideal for even the most sensitive skin, mild vitamin E reduces the fade skin spots and prevents cell damage.

Coffee Scrub

60 min/1,500 Baht

This fabulous body polish is gentle to dry skin and rendering your skin clean, smooth, revitalizing and silky soft.

Watermelon Scrub

60 min/1,500 Baht

As this delightful sweet-refreshing aroma entices your senses, the body is gently polished, rendering skin silky-smooth and mineralized.

Jasmine Rice Scrub

60 min/1,500 Baht

With its natural ingredients this tantalizing aromatic scrub is gentle to sensitive skin and resistance inflammation.

Thai Herbal Skin Care

Scrub & wrap packages "made in heaven" Enjoy this combination of herbal scrubs and wraps and feel like newly born! Your personal choice of fruits and herbs will be mixed by your therapist while you have a shower in the privacy of our treatment room. The program starts with a 20-minute whole body scrub using the fresh ingredients and is followed by a revitalizing wrap. Your skin will be wrapped in fruits and herbs to absorb the natural vitamins, while you receive a head massage. It's completed by a body lotion and finished off with a refreshing cup of tea!

Aloe Vera Skin Smoother

60 min/1,700 Baht

The calming and cooling use of fresh Aloe Vera directly to the skin is ideal after long exposure to sea & sun. There is nothing more soothing than a coating of Aloe Vera! This is followed by applying a moisturizing body lotion and a face and foot massage. Aloe Vera is a major ingredient in all kind of sensitive skin products.

Papaya Wrap

60 min/1,700 Baht

A blend of fresh Papaya and natural honey enriches your skin with moisture and will boost its natural healing power due to its antiseptic properties. The deep, rich orange color of Thai papayas, give you a mere visual hint of the fruit's succulent sweet flesh that is bursting with vitamins. Rinse off to reveal soft, moistened skin!

Thai White Clay

60 min/1,700 Baht

Ideal for oily or blemish skin. White clay is part of Thai identity and its use goes back to ancient times. We apply white clay to absorb body oil and draw impurities from your skin. Vitamins from milk and honey give you the fresh feel of a new skin.

White Mud Body Mask

60 min/1,700 Baht

To absorb toxic dust, moisturize and freshened skin. It gently buffs away impurities, nourishes and protects the skin. Suitable for all skin types.

Facials

European Facial

60 min/1,500 Baht

For the ultimate pampering and invigorating experience! Your skin will be cleansed, exfoliated and massaged. This facial includes head, shoulder and hand massage and is tailored to individual skin types for best results.

Koyao Herbal Facial

60 min/1,500 Baht

The natural ingredients in this facial make it perfect for your skin types. Yogurt, sesame, honey, egg white and cucumber juice are combined to produce this refreshing traditional cleanser.

After Sun Facial

30 min/800 Baht

Suitable over – exposed or sun burnt skin. Including washing, massage & mask for relieving pain & moisturizing the skin.

Nail Care

Pedicure (clean, cut & file)	350 Baht
Manicure (clean, cut & file)	300 Baht
Pedicure & Manicure (clean, cut & file)	600 Baht
Aroma Pedicure (includes massage)	550 Baht
Aroma Manicure (includes massage)	500 Baht
Aroma Pedicure & Manicure (includes massage)	1,000 Baht

Coloring

French (color with outer white line finish)	250 Baht
Painting (one color)	
Hand or Feet	200 Bath
Hand and Feet	300 Bath
Painting (decoration of flowers, national flags etc.)	
Hand or Feet	300 Bath
Hand and Feet	500 Bath

Hair Care

Hair beading (all or front)

(Price depending on duration of treatment)

1,000-2,500 Baht

Pig Tail (all or front)

(Price depending on duration of treatment)

500-1000 Baht

Wax

Chest

1,100 Baht

Back

1,100 Baht

Arms

600 Baht

Armpit

600 Baht

Legs (half/full)

600/1,000 Baht

Foot Cleaning

Removing thick skin from your feet to make them soft & smooth

600 Baht

Yoga Classes

Each day our therapists can accompany you through the following exercises outdoor, on the grass or on the beach.

If you have never tried before or if you enjoy practicing Yoga among others, join our complimentary sessions every Tuesday and Friday 17:00–18:00 pm.

Basic

60 min/600 Baht

This is the best way to start learning the basic skills and moves of Yoga. A uniform is provided for your convenience. (Medium exercise)

Fat burning

55 min/600 Baht

More intense than our basic Yoga, the fat burning helps to reduce weight. Uniform is provided for your convenience. (Medium to heavy exercise)

Therapy

55 min/600 Baht

This form of yoga focuses on health both in mind and spirit. Uniform is provided for your convenience. (Intense exercise)

Hermitic stretching

30 min/300 Baht

This Ancient Thai healing art is good for senior people who like to have a form of daily exercise. Uniform is provided for your convenience. (Low exercise)

Tai Chi

30 min/300 Baht

Originating in China this form of martial art has gain popularity around the world and is often practiced for health reasons. Uniform is provided for your convenience. (Low exercise)